



**When you don't know
where to turn...
because someone
drinks too much...**

Al-Anon Family Groups can help.

Learn more by attending a confidential meeting in your community.

888-4AL-ANON • al-anon.org

For more information, go to **www.al-anon.ab.ca**

For meeting information, call **403-266-5850** (24 hours)

Hope and help for families and friends of alcoholics