

## MINUTES

### AL-ANON INFORMATION SERVICES-CALGARY

Church of Our Savior, 8831 Fairmont Drive, SE Calgary, AB

Feb 7, 2022, ZOOM platform

**Attendees:** Sally K., Ally C., Cathy S., Shellie O., Carolyn M., Stacey M., Gina G., Rachelle S., Anne C., Sherry L., Connie, Don H., Svetlana, Stephen, David P.

Meeting opened at 7:00 pm with Serenity Prayer

Attendance: 5 non-voting members/10 voting members

Concept 3 read by Carolyn M. from "Reaching for Personal Freedom": Mutual Trust

Additions to Agenda: No additions.

Adoption November 2021 minutes: Moved by Rachelle S. and seconded by Shellie O. to accept the minutes as presented.

### Reports:

- 1. AIS Chair report:** (Carolyn M.) Welcomed members. Discussed working with the webmaster and email addresses; If anyone has any concerns to contact Carolyn @ [aiscalgaryinformation@gmail.com](mailto:aiscalgaryinformation@gmail.com). Shellie O. would like GR & DR contact information for monitoring. AIS District liaison meeting in March which Shellie will attend. New group reps and Carolyn will try to get the new addresses.
- 2. Treasurer Report:** (David P.) Went to the bank with Carolyn M. and Sally K. to have signatories changed and enable online access. This will make online donations and bill payments simpler. Gina shared the treasurer's report on the screen. David went through report and the activity since Nov 1, 2021. This journal is direct from the Banking website with an added column for description of line items. Take note that there were 3 payments to Telus in December. The Telus bill does currently show a credit around \$80. Does not know the reason for the 3 payments currently. Moved by Shellie O. and seconded by Ally C. to accept the treasurer's report for period ending January 31, 2022. Unanimous

Vote. Reminder to submit the Treasurer's report to the AIS newsletter for this next submission. David and Carolyn both have bank cards and passwords to access account online. Working with the TD bank for more access. Currently the access has limited capabilities. In the future would like to see more online donations. Currently the online donations we receive are being sent via the [aiscalgaryinformation@gmail.com](mailto:aiscalgaryinformation@gmail.com) email address. Treasurer has an email, [aistreasurer@gmail.com](mailto:aistreasurer@gmail.com) but the password has been forgotten and this email has not been used in quite a while. David will contact webmaster to obtain new access.

**A.I.S. Calgary - TD Bank account activity November 1 2021 - January 31 2022**

Date	Description		Debit	Credit	Balance
11/1/2021	Balance reported at last AIS Meeting in November 2021				2063.34
11/02/2021	CHQ#00172-3144281285	Paid to District 4 AFG	50.00		2013.34
11/03/2021	E-TRANSFER ***yfb	From Pal-Anon Monday night		75.00	2088.34
11/04/2021	CHQ#00174-2143642684	Paid to Telus communications	34.96		2053.38
11/12/2021	TD ATM DEP 004020	From McKenzie Circle Group \$60			
		From Wednesday Morning Serenity \$70		130.00	2183.38
11/15/2021	CHQ#00175-1144848501	Paid to Big Sky Call Centres	332.59		1850.79
11/30/2021	MONTHLY PLAN FEE	Paid to TD Bank	4.95		1845.84
12/07/2021	GC 0104-DEPOSIT	From Despair to Serenity AFG \$100			
		From South Elbow Drive AFG \$100		200.00	2045.84
12/14/2021	CHQ#01102-3140317253	Paid to Telus communications	102.83		1943.01
12/14/2021	CHQ#01101-3140317298	Paid to Telus communications	102.83		1840.18
12/14/2021	CHQ#01103-4140872559	Paid to Big Sky Call Centres	331.80		1508.38
12/21/2021	CHQ#00171-2141224231	Paid to Telus communications	67.87		1440.51
12/22/2021	GC 0104-DEPOSIT	From SW AI-Anon Family Group #15306		250.00	1690.51
12/29/2021	E-TRANSFER ***mnn	From Letting Go AFG		100.00	1790.51
12/31/2021	CHQ#01104-0140212517	Paid to Anita Anderson - PO box rental.	214.20		1576.31
12/31/2021	MONTHLY PLAN FEE	Paid to TD Bank	4.95		1571.36
1/5/2022	TD ATM DEP 000325	From Westside AFG \$150.35			
		From Letting Go AFG \$100			
		From Anne Marie Cormier \$80		330.35	1901.71
01/20/2021	GC 0104-DEPOSIT	From Airdrie Open Door AFG \$100			
01/20/2022	GC 0104-DEPOSIT	From Districts 3,4 & 9 \$100		200.00	2101.71
01/28/2022	CHQ#01105-3140897081	Paid to Big Sky Call Centres	331.80		1769.91
01/31/2022	MONTHLY PLAN FEE	Paid to TD Bank	4.95		1764.96

- 3. Secretary Report:** (Gina G.) The minutes, agenda were sent out to the email chain. The email requested that people contact [calgarysecretary@al-anon.ab.ca](mailto:calgarysecretary@al-anon.ab.ca) with new reps and email addresses. It was noted that some groups do have a group email and that many do not. This could be a good suggestion to groups to obtain. Ally C. mentioned that their group has encountered problems with managing the email/password with turnover in positions. Carolyn M. mentioned that WS is moving towards more electronic formats, and we should attempt to “embrace the 21<sup>st</sup> century” 😊 . Old school vs. new age. It will turnover in time.
- 4. Public Outreach:** (Carol B.) sent apologies for not being able to attend. Cindy M, the new Calgary AIS Public Outreach Coordinator, can’t make it either. Carol and Cindy are working on transitioning; there’s one recent meeting update still to be done. Nothing else to report except Carol still going to submit the Recovery Day receipt. Carolyn M. added that Recovery Day in September and the Support Addiction are the two main events for Public Outreach. Also, Carol has kept the electronic meeting list up to date and Big sky provided with same.
- 5. Newsletter:** (Ally C.) Currently has been spending time getting set up for 2022. Publisher didn’t work well for Ally, so she is using a different format. Newsletter will include our basic structure but with her own spin. Send any inclusions for newsletter to [aiscalgarynewsletter@gmail.com](mailto:aiscalgarynewsletter@gmail.com) Deadline for the next newsletter is Friday, February 11<sup>th</sup>.
- 6. Alateen:** (Rachelle S.) We still do not have Alateen authorization. Working with outgoing Alateen coordinator and WSO for approval. We will the need to do safety and behaviour and re certify leaders. Currently we can provide online meetings in other Districts and direct people to the WSO app for more information on other Alateen electronic meetings.
- 7. Monitoring:** (Shellie O.) Shellie O. Most groups are easy to have volunteers, a couple of them are needing reminders regularly.  
December : 85 calls  
January: 68 calls
- 8. Webpage Liaison** (Cathy S.) I can add any documents or make changes to the web page for our AIS page. [Calgary\\_website@al-anon.ab.ca](mailto:Calgary_website@al-anon.ab.ca) (note underscore between Calgary and website)

**General discussion:** The new Service manual for 2022-2025 will be available online in the spring and in print in the summer. AFG connects has extended the

deadline for Alateen submissions for their “Just for Tonight” to March 31, 2022.  
AFG connects mentioned an online Conference in Ontario March 18-20 that is  
looking for volunteers for Al-Anon and Alateen speakers.

Next meeting April 4, 2022 - Zoom ID 471 384 6072 Passcode 987654

Shellie O. volunteered to read Concept 4

Meeting dates 2022: June 6 September 12 November 7

Meeting closed with Al-Anon Declaration at 7:48 pm.

Submitted by:

Gina G.

Calgary AIS Secretary