

DRAFT MINUTES
AL-ANON INFORMATION SERVICES-CALGARY
Church of Our Savior, 8831 Fairmont Drive, SE Calgary, AB
November 7, 2022, ZOOM platform

Attendees: Cathy S., Shellie O., Carolyn M., Gina G., Anne C., Sherry L., Annie C., Sharon, Connie, Jamie C., David P.

Meeting opened at 7:02 pm with Serenity Prayer

Attendance: 4 non-voting members/7 voting members

Concept 7 read by Gina G. from “Reaching for Personal Freedom”:

Additions to Agenda:

Adoption September 2022, minutes: Moved by Anne C. and seconded by Connie to accept the minutes as presented.

Reports:

- 1. AIS Chair Report:** (Carolyn M) Fewer emails are coming into the Calgary information email address. One person was requesting information on Alateen, AMIAS process so she was referred to Rachelle (the Alateen Co-Ordinator)
- 2. Treasurer Report:** (David P.) Current balance is \$2412.11 and this reconciled with the bank statement. Donations from groups totaled \$ 972. David is writing a personal thank you to the groups that donated. Only foreseeable bills are Big Sky, Telus and banking fees. Shellie O moved to accept the treasurer’s report as presented, and Sherry L seconded

Our prudent reserve is \$1500. Discussion surrounding some donations AIS could make to ACSOA, WSO and or Area 80. We will have expenses next year for sending our Chair to Assembly, but that is next year. Anne moved AIS Calgary donate \$200 to WSO and \$200 to ACSOA (bookstore). Shellie O seconded. Discussion to make a donation to Area to be discussed further after Area World Service Committee meeting.

- 3. Secretary:** (Gina G) Nothing to report.

4. Public Outreach: (Carolyn) Actively looking for someone to take on this role. AHS is revamping its Addictions program and will be in touch if they require assistance from Al-Anon.

Recovery day was canceled. It has been rescheduled for Nov 20 as reported by Annie C. Location is Fresh start from 11-3. Carolyn was not notified and will be in touch with them first thing tomorrow to find out the details for Al-Anon participation. Carolyn will be looking for volunteers to help out and will be writing a blurb to get out to everyone ASAP.

5. Newsletter: (Ally C. - regrets) Deadline for the next newsletter is Friday, November 11th. Allie would like groups to submit their Gratitude meeting date by November 23, 2022. A full Gratitude meeting list will be sent out before month end, like we did last year.

6. Alateen: (Rachelle S. - regrets) Calgary Alateen is still waiting for our approvals.

7. Monitoring: (Shellie O)

Sept : 89 calls 47 went out to volunteers.

Oct: 90 calls 41 went out to volunteers.

Previously Big Sky was handling more of the callers. It was decided that volunteers would like to take some calls and it was expressed to Big Sky. We are now seeing more calls are being picked up by volunteers.

8. Webpage Liaison (Cathy S.) AIS discussed reviewing the documents on the AIS website. Cathy suggested that each person who holds an AIS position review their job description and if anything is out of date or needs adding to please let her know at Calgary_website@al-anon.ab.ca (note underscore between Calgary and website). Cathy would ask that everyone also look at the orientation page and we could discuss at next meeting. Cathy is proposing possibly a Welcoming statement to the documents page, as it may be more inviting.

Additions to Agenda

Gratitude Roundup Liaison – still looking for someone to take on this role. The job descriptions are not on the AIS website but will be added shortly. Gina has them on the archive stick.

Carolyn has not heard about the debriefing meeting from the 2022 Round up committee yet. She will be in contact for more information on meetings for the 2023 Round up. Anne C. has volunteered to take on this Position.

Banff Round up (Jamie C) – Currently planning for the 2024 Round up. Jamie Would like to promote a Canadian Al-Anon speaker for 2024.

February 2023 Round up is well under way with most planning winding down. The Al-anon speaker was asked for a previous Banff round up that was cancelled and was asked to come to the 2023. If anyone is wanting to help at the Round up, please contact Jamie C she is trying to put together a workshop for Al-anon and would like some help.

General discussion:

It was decided that meetings will continue in Zoom for 2023. David can contact Carol B. for an invoice to pay our portion of the Zoom costs.

Cathy S. will reach out to Lori regarding the Area website and whether a password is required for the member information.

Increasing our attendance and interest in AIS? Pre COVID people talked more about service in meetings. Zoom meetings didn't really promote or talk about service. Please go back to your groups and try to insert information when appropriate about what AIS is and what we do.

AHS meetings are a District issue. District 5 does not have a Rep, and this will be important with the FMC meetings if they restart.

Sherry L volunteered to read Concept 8 at our next meeting.

Next meeting February 6, 2023 - Zoom ID 471 384 6072 Passcode 987654

Meeting closed with Al-Anon Declaration at 8:09 pm.

Submitted by:

Gina G.

Calgary AIS Secretary