

DRAFT MINUTES
AL-ANON INFORMATION SERVICES-CALGARY
Church of Our Savior, 8831 Fairmont Drive, SE Calgary, AB
February 6, 2023, ZOOM platform

Attendees: Cathy S., Ally, Shellie, Carolyn, Gina, Anne, Sherry, Connie, David, Ana

Meeting opened at 7:02 pm with Serenity Prayer

Attendance: 4 non-voting members/ 6 voting members

Concept 8 read by Sherry from “Reaching for Personal Freedom”:

Additions to Agenda:

Adoption November 2022, minutes: change the wording under general discussion to replace AHS with Institution. Check Spelling of Ally under Newsletter report. Adopt minutes with corrections. Moved by Sherry and seconded by Anne to accept the amended minutes.

Reports:

- 1. AIS Chair Report:** (Carolyn M) Most calls and emails are regarding meeting list and Alateen information. Carolyn continues to refer them to the Al-anon.org site for more information and list of online meetings for both Al-anon and Alateen. Carolyn also recommends they can call the Big Sky phone # to have the opportunity to talk in more detail with a member and visiting the bookstore for books. Busier around Christmas but not out of the ordinary. World Service Committee is coming up. Please mention this in your groups. If anything needs to be addressed within our area this is when Carolyn has the opportunity to share it. Assembly is also coming up in May in Red Deer and is an in person event. There is a poster that Karen B shared and is being used by District 4 for Public outreach. Feel free to distribute within your groups and organize printing. AIS will also investigate printing copies. It was suggested that Office Depot and the Calgary Public Library offer printing at reasonable costs. The poster is in pdf format and includes a QR code for people to scan. This poster will be shared as an attachment with minutes.

- 2. Secretary Report:** (Gina) Nothing to report.

3. Treasurer Report: (David P.) Current balance is \$1055.21, and this is reconciled with the bank statement. Since adopting electronic banking there is 2 eyes always on the account and the payments and deposits are easier. David uses the TD records as a base to give a detailed report of deductions and deposits. Donations from groups totaled \$ 350. AIS is incurring more expenses than income. Last meeting a motion was put forward regarding a donation to WSO in Canada if possible. David is unable to locate any information for a Canadian e-transfer and wondered if anyone knew. Since our prudent reserve (1500) is below its level, Shellie moved to defer the motion and Anne seconded. Donations from groups is down and we need to be conservative now. David is to contact Carol B regarding Zoom cost share for this year.

A.I.S. Calgary - TD Bank account activity & Financial Report. November 5 2022 - February 5 2023

	Opening balance - as per last report dated November 5 2022		2412.11
11/07/2022	Pay Telus Communications	33.60	2378.51
11/14/2022	Donation from one Day At a Time AFG		50.00 2428.51
11/15/2022	Donation from Pal-Anon AFG		50.00 2478.51
11/30/2022	Monthly plan fee	4.95	2473.56
12/06/2022	Pay Big Sky Call Centre (3 months October, November & December 2022)	998.55	1475.01
12/06/2022	E-TFR FEE	1.50	1473.51
12/09/2022	Donation by Clare W. Not sure which AFG she represents.		10.00 1483.51
12/16/2022	Donation from Serenity Seekers Wednesday PM AFG		50.00 1533.51
12/29/2022	Donation from Serenity Plus AFG		100.00 1633.51
12/30/2022	AIS donation to Bookstore as agreed at November 2022 meeting	200.00	1433.51
12/30/2022	E-TFR FEE	1.50	1432.01
	\$200 planned donation to AFG Canada central office not yet completed		
12/30/2022	Monthly plan fee	4.95	1427.06
01/05/2023	Pay Telus Communications	33.60	1393.46
01/23/2023	Pay Big Sky Call Centre (January 2023)	331.80	1061.66
01/23/2023	E-TFR FEE	1.50	1060.16
01/30/2023	Donation from Wednesday Morning Serenity AFG		50.00 1110.16
01/31/2023	Monthly plan fee	4.95	1105.21
	Closing Balance at February 5 2023		1105.21

4. Public Outreach: (Carolyn) *Actively looking for someone to take on this role.*

AHS has still not responded to Carolyn's email regarding family supports.

Banner and handouts were at Recovery day, a Round up in the NW and next will be at Banff Round up. No other requests have been received.

5. Newsletter: (Ally) Deadline for the next newsletter is Friday, February 10th and will accept late entries Saturday Feb 11th. Receiving positive feedback about the content.

6. Alateen: (Rachelle) nothing to report

- 7. Monitoring:** (Shellie) Shellie requested a summary of the number of calls from Big Sky as Shellie has not been receiving the monthly report they have provided in the past. Nothing had been received by meeting time. Shellie thinks the calls are trending around 90 a month. Monitoring schedule change error has been rectified.
- 8. Banff Round up** (Jamie) A poster and some Banff Round Up information has been sent out to the District Reps and all groups with an email address. Information regarding ride share to Banff on the Saturday was also included in the email. Please provide the information at your group level. There will be a workshop put on by Norma and her spouse.
- 9. Gratitude Round up** (Anne) The 1st planning meeting was held for the June 9-11 Round up. AA speakers are in place and Al-anon speaker search is in the works. Anyone with any ideas for a workshop idea is welcome. “Cleopatra is not the only queen of denial” was our workshop at the last Gratitude Round up. A request has been put forward to hold the workshop at the same time as an AA workshop and not during an AA speaker as people like to hear all the speakers.
- 10. Webpage Liaison** (Cathy) Cathy reviewed the website job descriptions and orientation page and noticed that some information could be more generic. Discussion was then specific with each member and their job description. Tabled until the next meeting for final approvals but again people are asked to review and send Cathy any revisions that they think are beneficial, including the Orientation page. Is it friendly enough? Etc. Cathy also learned from Lori (Area Website coordinator) that Edmonton is looking to create a page like ours on the Area website.

General discussion:

Events Bulletin: Since the newsletter is only produced 5 times a year, some events do not get into the Newsletter. After some discussion it was agreed that an events bulletin could be distributed electronically. Cathy and Ally will discuss.

Speaker List: A request and questions were created and forwarded to districts to share within the groups. A few responses have been forthcoming. The request and questions will go into the next newsletter.

Shellie volunteered to read Concept 9 at our next meeting.

Next meeting April 3, 2023 - Zoom ID 471 384 6072 Passcode 987654

Meeting closed with Al-Anon Declaration at 8:02 pm.

Submitted by: Gina G.

Calgary AIS Secretary