

**DRAFT MINUTES**  
**AL-ANON INFORMATION SERVICES-CALGARY**  
**Church of Our Savior, 8831 Fairmont Drive, SE Calgary, AB**  
**April 3, 2023, ZOOM platform**

**Attendees:** Cathy, Ally, Shellie, Carolyn, Gina, Anne, Sherry, Connie, David, Raman, Rachelle, Carol, Jamie, Joanne, Candace, Donna, Ana

Meeting opened at 7:02 pm with Serenity Prayer

Attendance: 12 non-voting members/ 5 voting members

Concept 9 read by Shellie from “Reaching for Personal Freedom” and our service manual.

Additions to Agenda:

Adoption February 2023, minutes: change the wording under general discussion to replace AHS with Institution. Adopt minutes with corrections. Moved by Shellie and seconded by Ally to accept the amended minutes.

**Reports:**

1. **AIS Chair Report:** (Carolyn M) (as provided) I attended AWSCM and gave a report about general activities for Calgary AIS, including Big Sky Monitoring statistics and treasury issues with donations and mailbox. May Assembly is in person for the first time in three years, so groups are encouraged to attend and to support Assembly by purchasing the lunch ticket. If the Al-Anon groups have maintained current and correct information with Alberta/N.W.T Area 80 Assembly, they will receive information about registration and hotel reservations. Travel expenses for the Chairperson will be submitted.

The Calgary AIS and Edmonton AIS Chairperson were tasked with developing a speaker list for the Area. The Edmonton Chairperson is working with an Al-Anon member experienced in developing questionnaires and using Google docs., so it is anticipated that another letter to the groups will be sent out after this May Assembly. I received several responses from the document that I sent out via the Area Secretary and have saved the responses in anticipation of developing a document that can be accessible to the groups via the [Al-Anon.ab.ca](http://Al-Anon.ab.ca) website.

The Area Chairperson has asked some working groups that were organized at this AWSCM to look at barriers to group health with a view to developing an information presentation on links of Al-Anon service supporting group health and individual growth. I am participating with one of those groups. We hope to present our work at May Assembly. Hopefully, groups can use these presentations as a resource.

I have received several emails from District 5 groups asking for support and directions regarding service work and access/distribution of funds for District 5. I sent an email to the former District 5 rep (he has resigned from that position due to health issues). Greg M has replied and CC'd past Area Delegates as well as other District 5 members formerly

involved in service. As a result, Marilyn M (former Area Delegate and member of District 5) has developed a four-point plan to respond to some of the issues to be addressed for District 5 to regroup and move forward to supporting the groups in that District. I will keep AIS informed about the subsequent actions and results.

2. **Secretary Report:** (Gina) Nothing to report

3. **Treasurer Report:** (David P.) Current balance is \$2694.56, and this is reconciled with the TD online. Since adopting electronic banking there is 2 eyes always on the account and the payments and deposits are easier.

**A.I.S. Calgary - TD Bank account activity & Financial Report. February 5 - April 3 2023**

	Opening balance - as per last report dated February 5 2023			1105.21
02/06/2023	Pay Telus Communications	33.80		1071.81
02/07/2023	Donation from Pal-Anon AFG		50.00	1121.81
02/21/2023	Pay Big Sky Monitoring	331.80		789.81
02/21/2023	E Transfer fee	1.50		788.31
02/28/2023	Monthly bank fee	4.95		783.36
03/08/2023	Pay Telus Communications	33.80		749.76
03/16/2023	Pay Canada Post for PO Box rental - 2023	229.95		519.81
03/20/2023	Donation from Living The Legacies AFG		25.00	544.81
03/23/2023	Donation from District 4		200.00	744.81
03/23/2023	Donation from Inner Peace AFG		300.00	1044.81
03/27/2023	Donation from Early Risers AFG		360.00	1404.81
03/28/2023	Donation from Paths To Recovery AFG		65.00	1469.81
03/30/2023	Donation from Pal-Anon AFG		50.00	1519.81
	Donation from Rocky AFG (Rocky Mountain House AB) \$252.00			
	Donation from Southwest AFG # 15306. (Q4 2022)	\$300.00		
	Donation from Southwest AFG # 15306. (Q1 2023)	\$200.00		
	Donation from South Elbow Drive AFG	\$200.00		
	Donation from Westside AFG	\$200.00		
	Donation from Despair to Serenity AFG, Airdrie.	\$ 26.00		
	Donation from McKenzie Circle AFG	\$ 60.00		
	Donation from Despair to Serenity AFG, Airdrie.	\$ 25.00		
	Donation from Spiritual Awakenings AFG.	\$250.00		
03/30/2023	9 Cheques deposited		1513.00	3032.81
3/31/2023	Monthly Bank fee		4.95	3027.86
4/3/2023	Pay Big Sky Monitoring		331.80	2696.06
4/4/2023	E Transfer fee		1.50	2694.56
	Closing Balance at April 3 2023			2694.56

The PO box address renewal was not received. David has added his home address onto the account so in the future there is an alternate address. The appeal letter that went out was very successful. Thank you to all the groups who responded. We now have a healthy balance. David provided a draft for 2023 financial plan and after some discussion the following budget was adopted by Gina, seconded by Joanne and passed. Big Sky is our largest expense, if we receive \$175 per group annually, all our costs would be covered. Below is the financial plan for the 2023.

**Al-Anon Information Services, Calgary. Financial Plan for 2023 - Approved at April 3 2023 meeting**

	<b>Estimated expenses</b>			
	Telus communications	410		
	Big Sky Monitoring Services	4,000		
	Bank fees	60		
	E Transfer fees	50		
	Canada Post P.O. Box rental	230		
	Conference/Assembly/Workshop fees	250		
	Public Outreach	200		
	Miscellaneous - postage, stationery etc.	100		
	Sub - total	5300		
	Unforeseen expenses/contingency	500		
	<b>Total expenses (donations required to run A.I.S Calgary 2023)</b>	<b>5,800</b>		
<b>3rd April 2023</b>	David P. Treasurer			

4. **Public Outreach:** (Carolyn) The banner and materials were taken to Banff Roundup and returned to me as acting Public Outreach Coordinator. Some of the supplies will need to be replaced, so a budget of \$200 will be presented to the Treasurer. We asked Shellie O to investigate the printing costs for the posters with current Calgary AIS contact information as well as Alberta/N.W.T. access information to have them available to any subsequent Public Outreach events we may be asked to attend. Shellie reported the cost is .54 per copy. We will order 100 and provide for various events. With the QR code on it, we may not require a lot. Shellie offered to get 100 printed. AHS still has not returned my request to have Al-Anon presence and assistance with the Addictions Services program. No other requests have come into the webmail address. We are still actively looking for an Al-Anon member to assume the role of AIS Public Outreach Coordinator. In looking at the job description, minor changes were forwarded to Cathy S. (Web Liaison).
  
5. **Newsletter:** (Ally) Deadline for the next newsletter is Friday, April 7<sup>th</sup> and will accept late entries Saturday. Interim events bulletin action plan will be to put out every other month and deadline will be the First Friday of the month. Cathy will also make space on Website for the bulletin.
  
6. **Alateen:** Carolyn (vacant) The submitted report for approval of Alateen in our Alberta/NWT area has been resubmitted after a thorough review with added documentation and references. After approval all Alateen service sponsors will need to go through training and certification process for AMEIAS. All inquiries for Alateen meetings are redirected to WSO website and the bookstore for literature. The area Alateen Coordinator has stepped down.
  
7. **Monitoring:** (Shellie) Shellie has a new contact, Sara, at Big Sky and will receive reports from her. Jan calls were 69 (2022-68), February 37 (2022-75), March 49 – 17 went out to volunteers and 9 dropped, (2022-84). Decrease in calls could be due to COVID protocols changed for meetings.

8. **Banff Round up** ( Jamie) the 50<sup>th</sup> roundup hit their target number (495). Norma F (Al anon) and spouse Glen F (AA) did the workshop which approximately 65 people attended. The Al-anon Speaker Rhonda J was controversial as she works with Al-anon members using the AA Big book. This book is not CAL but she received a lot of positive response from AA members opening a dialogue for them into Al-anon. She also read the Letters from the Founders wives. Ride sharing was a definite bonus for people to access. The binder for this job will now be a thumb drive to be passed along.
9. **Gratitude Round up** (Anne) The 40<sup>th</sup> anniversary Roundup will be June 9-11 at the Glenmore inn. The Al-anon speaker is Mary G from Florida. Anyone with any ideas for a workshop idea is welcome. “Turning our will into God’s will” is the title of our workshop for the Gratitude Round up. Any volunteers to help please contact Anne. The Roundup poster should be out soon. The cost is \$45 for the weekend speakers, workshops and sober dance or if you want to attend the banquet dinner it is \$100.
10. **Webpage Liaison** (Cathy) Cathy received responses from most people regarding their job descriptions. Gratitude Roundup, monitoring and Alateen roles still need to be reviewed. She will make suggested changes, send them back for review and then post them. Gina will provide Cathy a link or transfer the Orientation page into word from PDF. Province/Area 80 is reviewing how the Website is developed, maybe use an outside contractor, Cathy has been asked to be on the committee. Lori will bring to Assembly in May.

**General discussion:**

Discussion about having our next meeting be in person. Decided yes, however it will be Hybrid so everyone can attend; June 5 at 7:00 pm. Church of Our Savior, 8831 Fairmont Drive, SE Calgary. David will check on having the space available at the church.

David P. volunteered to read Concept 10 at our next meeting.

**Next meeting June 5, 2023 - In person and Zoom ID 471 384 6072 Passcode 987654**

Meeting closed with Al-Anon Declaration at 8:25 pm.

Submitted by: Gina G. Calgary AIS Secretary