

**DRAFT MINUTES**  
**AL-ANON INFORMATION SERVICES-CALGARY**  
**Church of Our Savior, 8831 Fairmont Drive, SE Calgary, AB**  
**June 5, 2023, ZOOM platform**

**Attendees:** Cathy, Ally, Shellie, Carolyn, Gina, Sherry, Connie, David, Carol, Jamie, Joanne, Karen,

Meeting opened at 7:04 pm with Serenity Prayer

Attendance: 3 non-voting members/ 9 voting members

Concept 10 read by David from How Alanon Works

Additions to Agenda:

Adoption of April 2023, minutes: Moved by Jamie and seconded by Sherry to accept the minutes.

**Reports:**

1. **AIS Chair Report:** (Carolyn M) (as provided)

***AIS/District communication:***

No new concerns brought forward. District 3/4 workshop on Sponsorship occurred in May (well attended). District 6 is planning their annual workshop in October. Three District 5 groups met at Assembly with Marilyn M. (former Area Trustee) to begin the process of re-establishing District 5.

[aiscalgaryinformation@gmail.com](mailto:aiscalgaryinformation@gmail.com) is seeing less emails, but people still basically looking for meeting information.

[al-anon.ab.ca](http://al-anon.ab.ca) website has password protection removed for access to the meeting list for the area. The password (Area80) is still required for the "Members" portion of the website.

***Assembly:***

-Convention 2023 in Cardiff, Alberta June 9,10,11 is upcoming. Report was given.

- Convention 2024 will be hosted by Districts 21 and 18.

- Convention 2025 will be hosted by Districts 3/4/5/6

-Literature: new daily reader (A Little Time for Myself) will be released at the International Convention in July. A new pamphlet on Sponsorship will be ready for release next year.

-Treasurer: encourage groups to continue donation to Alberta/N.W.T. Area. Point of information: it costs Area 80 \$185.00/group/year to support Area 80 Assembly in May and September as well as the two AWSCM meetings.

-ACSOA: reminder to the groups to continue donations to this service arm. It is still less expensive to order literature from the Literature Distribution Center rather than WSO or

any online source. Operating costs are very lean. The LDC is accepting pre-orders for the new daily reader (A Little Time for Myself). A suggestion was made to move the annual ACSOA workshop to the Saturday evening of September Assembly so that more Area members can attend. This will be brought forward for discussion at September Assembly.

-Delegate's Report: volunteer group or district needed for Love Gifts for 2024.

- Al-anon has three official languages (English, French, Spanish). Any new literature needs ready to print in all three languages before it is released.

- Cost for WSO to support groups: \$446.55/group/year. How close can your group get to this goal.

- working on Diversity, Equality and Inclusion guidelines

-working on guidelines on welcoming and retaining newcomers in electronic meetings

- ongoing work on accepting and supporting permanent electronic meetings

-discussion around preserving the Al-anon trademark and copyright especially in the context of social media postings. It is important to monitor postings for acknowledgement and permission for use of Conference Approved Literature.

-Webmaster: report back from the working group investigating use of a professional service to improve the website presentation and provide consistent and ongoing support for the next volunteer Webmaster.

-Six fun presentations on "links of service".

***AWSCM:***

-ideas for September Assembly focus: Conference Approved Literature, protecting copyright and trademark

***ACSOA:*** recommend to bring forward to Assembly in September regarding bringing a bookstore to Assembly.

***District reports:*** many similar challenges/opportunities. Lots of collaboration and idea sharing amongst the District reps.

- support is needed for the online Newcomers meeting (access available on the [al-anon.ab.ca](http://al-anon.ab.ca) website main page).

- the Group Rep orientation package will be under revision,

-Area 80 has 135 groups. 67 groups attended Assembly. 7 groups of those not attending sent in the registration fee. Recommended that group send registration fee even if not sending the group rep. This helps Area to operate Assembly and the AWSCM

1. **Treasurer Report:** (David P.) Current balance is \$3115.86, and this is reconciled with the TD online. Since adopting electronic banking there has been no paper generated. We still need to submit payment to District 4 for Zoom platform. The account balance looks healthy enough to carry us through the next 3 months.

**A.I.S. Calgary - TD Bank Account activity and Financial report April 3 2023 - May 31 2023**

04/03/2023	Opening Balance as per last report dated April 3 2023		2694.56
04/06/2023	Pay Telus Communications	33.60	2660.96
04/24/2023	Donation from Northern Hills Trailblazers AFG		50.00 2710.96
	Donation from Finding Our Way AFG \$150		
	Donation from Airdrie Open Door AFG \$100		
	Donation from Letting Go AFG \$80		
	Donation from AFG (group ID not clear) \$100		
04/24/2023	Total deposit		430.00 3140.96
04/24/2023	Pay Big Sky Monitoring	331.80	2809.16
04/24/2023	SEND E-TFR FEE	1.50	2807.66
04/28/2023	MONTHLY PLAN FEE	4.95	2802.71
05/05/2023	Pay Telus Communications	33.60	2769.11
05/11/2023	Donation from Wednesday Morning Serenity		75.00 2844.11
05/29/2023	Pay Big Sky Monitoring	331.80	2512.31
05/29/2023	SEND E-TFR FEE	1.50	2510.81
05/31/2023	MONTHLY PLAN FEE	4.95	2505.86
	Closing Balance at May 31 2023		<b>2505.86</b>
	Pending Transactions after May 31 2023		
	Cheques received from (and to be deposited):		
	Monday Night Monarchs \$100		
	McKenzie Circle \$160		
	Let it Begin With Me \$100		
	Letting Go AFG \$50		
	Chinook Monday Afternoon \$200		
	Total Cheques to be deposited		\$610.00 \$3,115.86

2. **Secretary Report:** (Gina) Updating attendance records and looking for names of all AGR's for the groups in our districts.
3. **Public Outreach:** (Carolyn) 100 copies were made of the district poster with the QR code to be handed out at events. Some will be distributed this weekend at the Calgary Roundup and also Carolyn has been invited to the Bowden Institute for an information day. She will attend with another member. Highly secure, and should be interesting. Carolyn will contact the City regarding Recovery Day this fall and query the registration fee.
4. **Newsletter:** (Ally) Ally heard positive feedback on the Events bulletin that went out. exactly what they wanted. Deadline for the next newsletter is Friday, June 9th and she will accept late entries Saturday. Interim events bulletin will go out in the summer if necessary. Regretfully Ally will be resigning in September and is looking for a replacement. The job requires approximately 4 hours per month and time to respond to emails. Ally is willing to help with the transition.
5. **Alateen:** Carolyn (vacant) We still do not have permissions to provide this service.

6. **Monitoring;** (Shellie) May had only 33 calls. Shellie's contact Sara has not been providing reports to her. She has had to ask. The data is not being collected by her. Shellie will be looking into this further. Discussion around decrease in calls. Possibly the change in demographics and age. Online usage. Please ask your new members how they heard about us, and where did they get the information for meetings. Future may involve more money being spent on website and none on phone service. Check with WSO regarding using 211 and 988 at alternative forms of referral.

7. **Banff Roundup Liaison:** (Jamie) The next meeting for the 2024 Bann Roundup committee is this Thursday. The date has been moved back to be on the 1<sup>st</sup> weekend in March. The last Roundup made money. Jamie will be looking for help with the Literature table, workshop and Alanon participation. Currently looking for speakers, and there is a huge push that the speakers come from the USA. This job also entails the Pioneers dinner. Last year we had great representation from Alanon with 2 tables and Carolyn as the speaker. A replacement for this position will be after the 2024 Roundup.

9. **Gratitude Round up** (Anne) The 40<sup>th</sup> anniversary Roundup will be June 9-11 at the Glenmore inn. The Al-anon speaker is Mary G from Florida. The workshop is on becoming willing. The cost is \$45 for the weekend speakers, workshops and sober dance or if you want to attend the banquet dinner it is \$100.

10. **Webpage Liaison** (Cathy) Cathy was on the committee for Province/Area 80 in reviewing how the Website is developed and possibly using an outside contractor. The committee presented at assembly and will be getting quotes for companies who could possibly assist. Cathy was surprised to see how little we pay for our website. There are many companies who help with "not for profit" sites.

#### **General discussion:**

1. It was approved to have the Hybrid meeting format (in person/Zoom) for future meetings. David will check with the Luthern Church if they can provide us with the room and settle on a cost.
2. The speaker list for Area is still being reviewed. Edmonton received 4 people, and I received 5. They will discuss revising their questions and resending out for more participation. As members in our groups we need to figure out how to encourage more members to share their stories. Jamie thinks she has a list from 202 and will review it.
3. AIS interest. Share what we do at group level and encourage members to get involved. Group discussion that it seems to be city wide issue with lack of volunteering and possibly from isolating during COVID. And isolation is one character defect that many of us experience.

We require a volunteer to read Concept 11 at our next meeting.

**Next meeting September 11, 2023 - In person and Zoom ID 471 384 6072 Passcode 987654**

Meeting closed with Al-Anon Declaration at 8:22 pm.

Submitted by: Gina G. Calgary AIS Secretary