

Draft Minutes

AL-ANON INFORMATION SERVICES-CALGARY Church of Our Savior, 8831 Fairmont Drive, SE Calgary, AB Sept 11, 2023, ZOOM platform

In Attendance: Joanne, Shellie, Carolyn, Paulette, David, Lorraine, Sherrie, Jamie, Candace, Karen.

Voting 6, Non-voting 4

Opened with The Serenity Prayer

Lorraine read Concept 11 – members shared.

No additions to the agenda.

June minutes approved by Jamie, seconded by Joanne.

Chairpersons Report - AIS Chairperson Report

Over the summer, Chairperson activities were reduced. The email account was active with requests for meeting information. I updated the contact information for AIS with WSO so we are still current with WSO.

AIS was given notice that the Webmaster Liaison person, Cathy S. will be stepping out of this position. As well, we are looking for a new Newsletter Coordinator. The positions for Public Outreach Coordinator and Alternate Chairperson positions are still vacant. I am currently handling Public Outreach concerns/enquiries and have accepted the passwords/processes for the Webmaster duties in relation to maintaining email chains and sending out bulletin/newsletters, however, in line with Al-Anon service guidelines, I am not prepared to carry out all three duties of Chairperson, Public Outreach and Webmaster, therefore, we need to urgently look for volunteers to take on these service opportunities.

The Newsletter for Calgary AIS and the Events Bulletin are valuable communication tools for Calgary Area groups. Ally C. has done an amazing job, but is unable to continue. She is willing to offer support to the new coordinator, but we need to find someone to take over before November.

An email was sent to Districts 3/4 and 6 regarding restarting our participation with AA in institutions meetings throughout Calgary. I am waiting to hear back.

I was tasked to approach hotline numbers to see if Al-Anon contact information is something that these services forward to persons accessing the hotline. Messages were left with 811 and 211 hotline contacts (waiting to hear back).

Treasurers Report –

DRAFT

A.I.S. Calgary - TD Bank Account activity and Financial report June 1 to September 11th 2023

| | | | | |
|------------|--|--------|----------|-----------|
| | Closing Balance at May 31 2023 | | | 2505.86 |
| | | | | |
| 05/31/2023 | MONTHLY PLAN FEE | 4.95 | | 2505.86 |
| 06/05/2023 | Pay Telus Communications | 33.60 | | 2472.26 |
| 06/06/2023 | Reimbursement - Al-Anon Posters printing costs | 58.79 | | 2413.47 |
| 06/06/2023 | E transfer fee | 1.50 | | 2411.97 |
| 06/15/2023 | Pay Big Sky call centre | 331.80 | | 2080.17 |
| 06/15/2023 | E transfer fee | 1.50 | | 2078.67 |
| 6/16/2023 | Donation by e transfer Inner Peace AFG | | 200.00 | 2278.67 |
| | Donations by cheque | | | |
| | Monday Night Monarchs \$100 | | | |
| | McKenzie Circle \$160 | | | |
| | Let it Begin With Me \$100 | | | |
| | Letting Go AFG \$50 | | | |
| | Chinook Monday Afternoon \$200 | | | |
| | Sub total | | \$610.00 | \$2888.67 |
| 06/20/2023 | Deposits by cheque/cash | | | |
| | From Sunday Beginners AFG | 432.00 | | |
| | From Gratitude Round Up | 370.00 | | |
| | Sub Total | | 802.80 | 3691.47 |
| 06/27/2023 | Reimburse expense - May assembly lunch | 35.00 | | 3656.47 |
| 06/27/2023 | E transfer fee | 1.50 | | 3654.97 |
| 06/30/2023 | MONTHLY PLAN FEE | 4.95 | | 3650.02 |
| 07/05/2023 | Pay Telus Communications | 33.60 | | 3616.42 |
| 07/07/2023 | Pay Big Sky call centre | 331.80 | | 3284.62 |
| 07/07/2023 | E transfer fee | 1.50 | | 3283.12 |
| 07/31/2023 | MONTHLY PLAN FEE | 4.95 | | 3278.17 |
| 08/08/2023 | Pay Telus Communications | 33.60 | | 3244.57 |
| 08/09/2023 | Deposits by cheque | | | |
| | Starting With Serenity | | 85.00 | |
| | Starting With Serenity | | 150.00 | |
| | McKenzie Circle | | 60.00 | |
| | Let it Begin With Me | | 75.00 | |
| | McLeod Trail | | 100.00 | |

| | | | | |
|------------|--|--------|--------|---------|
| | Sub Total | | 470.00 | 3714.57 |
| 08/17/2023 | Pay Big Sky call centre | 331.80 | | 3382.77 |
| 08/17/2023 | E Transfer fee | 1.50 | | 3381.27 |
| 08/31/2023 | MONTHLY PLAN FEE | 4.95 | | 3376.32 |
| 09/05/2023 | Pay Big Sky call centre | 331.80 | | 3044.52 |
| 09/05/2023 | E transfer fee | 1.50 | | 3043.02 |
| 09/07/2023 | Pay Telus Communications and closing balance | 33.60 | | 3009.42 |

Secretary Report – Gina was absent. Sending her wishes of a speedy recovery after 2nd hip surgery. (Shellie O. graciously provided the minutes)

Public Outreach – Carolyn is covering this position until it is filled.

1. Attended Bowden Institute Information Fair on June 27, 2023 assisted by Dixie B. From McLeod Trail AFG. About 350 inmates passed by and expressed interest in passing information along to families and/or partners. Almost all of our literature handouts were used. One or two individuals talked about the effect of parental alcoholism and were interested in our program for themselves. There is an AA program run out of the institution. Interest was expressed in having Al-Anon members address the group and/or offer support on a regular basis. A letter was sent, requesting contact information for the person who makes this program happen. Perhaps, this is something that can be discussed with Area Public Outreach (at AWSCM) to coordinate this initiative with Red Deer and Calgary AIS.
2. Recovery Day: September 16th this year on Prince's Island Park. We have submitted registration fees and will ensure that the banner and handouts are given to the volunteer for this project: Anne C. Several members have given their names to assist Anne.
3. Public Outreach Budget:
 - increased Recovery Day registration from \$150 to \$250.
 - invoice to replace literature: increased from \$38 last year to \$145. (See attachment)
 - respectfully asking for reimbursement for increased expenses and plan to increase Public Outreach Budget for 2024. Many of the items on our invoice are available as free downloads. Question: do we continue to support Area Bookstore and purchase from them?
 - AFA purchase: the bookstore does not stock this item as the cost has increased increased substantially. It is available as a free download.
 - Where does AIS want to direct funding/resources/energies for the next year?

Newsletter- Allie was absent and is stepping down in November. This position is open.

Alateen – still not up and running. Please refer to al-anon.org for Alateen information.

Monitoring – Shellie and Carolyn met online with Big Sky (Telelink) in May 2023. Our monthly cost was reset at \$260.00 per month – down from \$331.80. We have been incorrectly invoiced June, July & August. Shellie will follow up. Call volume is currently about 30 a month. We discussed moving to a basic Telus Answering System and the monitors for the week would retrieve messages a couple of times a day and return calls within 24 hours or less. The cost of this service would likely be less than \$20.00 per month. This only makes sense as our call volume has dropped considerably as many people access meeting information online. Shellie will put together a document to forward to groups for a decision. This will have a deadline and we hope to make a decision at our next AIS meeting. This would be a huge cost savings.

Banff Round Up Liaison – Jamie reports the Pioneer Dinner will be Oct. 14, 2023 and the Al-Anon speaker will be Marion K. Jamie is looking for an Al-Anon Speaker for the Banff Round Up. It was suggested that she contact Past and Present Delegates. We hope to get a speaker list going at the upcoming Assembly. Looking for help on the planning committee for the Banff Round Up – please contact Jamie if you are interested.

Calgary Round Up – Anne C. Starting to look for speakers and workshop topic.

Positions that are open for service:

Webmaster

Public Outreach

Newsletter Coordinator

November 6, 2023 - In person and Zoom ID 471 384 6072 Passcode 987654

Calgary AIS Secretary