

Calgary AIS Events Bulletin

Aug-Sep 2023

Join Our Next AIS Meeting!

Monday, Sept 11 | 7pm

in-person at
Church of Our Saviour
8831 Fairmont Drive, SE

or on Zoom:
ID: 471 384 6072
Passcode: 987654



Recovery Day 2023

Help Needed!

Hello, Fellow Calgary Al-Anon Members:

Recovery Day Calgary 2023 is coming soon! **September 16th to be precise.** Follow this link for the poster: <https://rockymountainrecovery.ca/recovery-day-calgary/> The event is at Prince's Island Park this year.

I apologize for the late notice, but only found out about this opportunity within the past two days. The organizer has only just posted the event to all interested parties.

I have paid our registration fee, but we have a slight dilemma: this is the same day as Area Assembly which I am supposed to attend as the AIS Chairperson. I will, therefore need a member to spearhead our participation at Recovery Day as well as several volunteers to assist the member willing to take the lead.

Recovery Day participation is our main Public Outreach event for the Calgary Area. It is a great opportunity to raise public awareness about how Al-Anon can support families and friends of persons suffering from alcoholism. Often, recovering individuals are keen to access information to pass along to their supporting families and friends. Our presence is always valued. As well, it is a great opportunity to connect with all parts of the recovery community.

I look forward to hearing from anyone able to help out and take advantage of this wonderful service opportunity. I will ensure that the Public Outreach Al-Anon banner and accompanying handouts get to whomever is willing to help.

Please feel free to contact me through the AIS email: aiscalgaryinformation@gmail.com or by phone or text: 403-850-6386

With Gratitude in Al-Anon Service,

Carolyn M.
AIS Calgary Chairperson (and acting Public Outreach Coordinator)

Al-Anon Central Service Office Alberta (Bookstore) presents:

“A Little Time For Myself”

A Workshop Based on Al-Anon’s New Daily Reader

Who: Open to all Al-Anon Members

When: 6:45 - 9:00 pm

Sat., Sept. 16th, 2023 (Evening of Area Assembly)

Where: Lutheran Church of the Good Shepherd

40 Holmes St. **Red Deer**, AB T4N 6L6

Basement (Accessible)

Introduction *** Speakers *** Workshop *** Sharing *** More
Complimentary Snacks & Tea



Readers available for purchase at the event!