

## Dates to Remember

- September 21 and 22 Assembly in Red Deer
- October 5 Al-Anon Bookstore Open House and Workshop (poster on p. 5)  
11:00 am to 3:00 pm *Eat \* Pray \* Love Reading!*
- October 5 Pioneers Dinner (poster on p. 7)  
1:00 to 7:00 pm *19<sup>th</sup> annual Pioneers Dinner to celebrate the long history of AA and Al-Anon programs*
- October 19 District 6 Fall Workshop (poster on p. 8)  
12:00 to 4:30 pm *The Serenity Prayer—includes Alateen*
- October 29 Speaker meeting at McKenzie Circle AFG  
7:30 pm McKenzie Towne Church, 7 McKenzie Towne Gate, SE
- November 12 Alateen Meeting  
7:30 pm McKenzie Towne Church, 7 McKenzie Towne Gate, SE
- June 6—8, 2025 Al-Anon Alberta/N.W.T. Convention 2025 (poster on p. 9)  
*Together We Can...*





## A Message from Our AIS Chair

Thank you to all of the Calgary Al-Anon and Al-Anon Information Services community for your support over the past three years. You have made it easy and rewarding to fulfill this role. Rotation of leadership is an important Al-Anon principle and one that I respect. I am stepping away from this position, but staying available for support of the new AIS chairperson.

When I review the Chairperson job description, I find that I have nothing to add. It is a coordinating role that highlights the importance of good communication between the rest of the AIS committee and the Calgary Al-Anon community as a whole. My one deficit in this role is in the area of utilizing support and participation with the World Service e-community. Hopefully, the new chairperson will have skills in this direction that I did not.

Since my last report, I have continued to monitor the Calgary AIS electronic mailbox and answer correspondence promptly. The number of messages asking for meeting list information has decreased. This may be due to the new monitoring system and the message, directing the caller to meeting list information. Otherwise, this responsibility has been about forwarding people and questions in the right direction.

The Calgary AIS Public Outreach Coordinator team and the Chairperson have supported the Area Public Outreach Coordinator and committee with the current initiative: a poster blitz is planned for September during Recovery Week. We have also been in discussions about future plans for Area 80 Public Outreach initiatives.

It has been rewarding during my term to connect with the Edmonton AIS committee as well as contacts with Red Deer and Lethbridge. I see communication and support for all areas of Alberta/N.W.T. Area 80 as improving and committed to continuing that level of communication and mutual support.

We have accomplished many improvements in our efforts to serve the Calgary Al-Anon community:

- ❖ The meeting minutes are consistently available on the Calgary page of the Area website.
- ❖ The Newsletter is a valuable communication tool and continues to be well-used by the membership.
- ❖ We moved forward with a new monitoring system, responding to changing needs and input from the membership.
- ❖ Public Outreach has been energized and supported by a committed team of members, proving that we can accomplish a lot when we find opportunities to work together.

Serving Al-Anon through Al-Anon Information Services has reinforced for me the importance of keeping Al-Anon accessible for support of its members as well as the public who is looking for our services to help them through difficult times. Together, the AIS committee has kept us moving forward, listening and responding to needs and new opportunities.

Thank you for letting me serve.  
Carolyn Miron  
Outgoing AIS Calgary Chairperson



### District Meetings (Check with DR for Virtual Link)

The Group Representatives (GRs) and District Reps (DRs) from each District meet once a month.

**District 3 (SE)** - DR is Christina N.

Meets the 2nd Wednesday of each month online.

7pm-8:30pm

[district03@al-anon.ab.ca](mailto:district03@al-anon.ab.ca)

**District 4 (SW)** - DR is Carol B.

Meets the 2nd Wednesday of each month online.

7pm-8:30pm | No meetings in July/August

[district04@al-anon.ab.ca](mailto:district04@al-anon.ab.ca)

**District 5 (NW)** - DR is vacant

Meets the 2nd Thursday of January, March, May, September & November online. 7:30pm

[district05@al-anon.ab.ca](mailto:district05@al-anon.ab.ca)

**District 6 (NE)** - DR is Sheila L.

Meets the 2nd Tuesday of each month online.

7:00pm | No meetings in July/August

[district06@al-anon.ab.ca](mailto:district06@al-anon.ab.ca)

### Alberta AI-Anon Website

See the AI-Anon Alberta website for information about AI-Anon events, the current meeting schedule, public outreach, newcomer information, Alateen and so much more! [al-anon.ab.ca](http://al-anon.ab.ca)

To access the AIS page:

- 1 . Click "Info for Members" tab.
- 2 . Type password: Area80
- 3 . On the Info for members' page, select "click here" to see the Calgary AI-Anon Information Services (AIS) page





### Calgary AI-Anon Information Services (AIS) Trusted Servants

Name	AIS Calgary Position & Email Address
Carolyn M.	Chairperson, <a href="mailto:aiscalgaryinformation@gmail.com">aiscalgaryinformation@gmail.com</a>
Vacant	Alternate Chairperson, <a href="mailto:calgaryaltchair@al-anon.ab.ca">calgaryaltchair@al-anon.ab.ca</a>
Gina G.	Secretary/Group Records/Archives, <a href="mailto:calgarysecretary@al-anon.ab.ca">calgarysecretary@al-anon.ab.ca</a>
David P.	Treasurer, <a href="mailto:calgarytreasurer@al-anon.ab.ca">calgarytreasurer@al-anon.ab.ca</a>
Kate L.	Newsletter Editor, <a href="mailto:aiscalgarynewsletter@gmail.com">aiscalgarynewsletter@gmail.com</a>
Vacant	Alateen Coordinator, <a href="mailto:aiscalgaryalateen@gmail.com">aiscalgaryalateen@gmail.com</a>
Shellie O.	Monitoring Coordinator, <a href="mailto:aiscalgarymonitoring@gmail.com">aiscalgarymonitoring@gmail.com</a>
Carolyn M. and Anne C.	2024 AA Gratitude Roundup Liaison??
Jamie C.	2024 AA Banff Roundup Coordinator??
Raman G.	Public Outreach Coordinator, <a href="mailto:calgarypublicoutreach@al-anon.ab.ca">calgarypublicoutreach@al-anon.ab.ca</a>
Vacant	Website Coordinator

All Family Groups in Districts 3, 4, 5 and 6 benefit from participating in Calgary AIS. Does your group have a representative for AIS? This group service role is called the Information Service Representative (ISR) and is described on p. 66 of the

[AI-Anon/Alateen Service Manual, 2022- 2025](#)

<https://al-anon.org/for-members/members-resources/manuals-and-guidelines/service-manual/>

Calgary AIS meetings are held every other month and are virtual or hybrid.

**Last AIS Meeting for 2024: Nov 4.**

Email [calgarychairperson@al-anon.ab.ca](mailto:calgarychairperson@al-anon.ab.ca) to learn more or volunteer.

**In Person:**

Church of Our Saviour  
8831 Fairmont Drive, SE

**On Zoom:**

ID: 471 384 6072  
Passcode: 987654



Email [aiscalgarynewsletter@gmail.com](mailto:aiscalgarynewsletter@gmail.com)

to subscribe to the Calgary AIS Newsletter, or submit information or a story sharing the experience, hope and strength of the AI-Anon program.

**Next submission deadline: October 4, 2024**



**Al-Anon Central Service Office Alberta  
(Bookstore)**

**Eat \* Pray \* Love Reading!**

**Open House and Workshop**

When: 11:00 - 3:00 pm

Sat., Oct 5th, 2024

Where: Al-Anon Bookstore

McCaig Building, 303 Forge Road SE Calgary, AB

(403) 287-3397

Who: Open to all Al-Anon Members

Introduction \*\*\* Workshop \*\*\* Speakers \*\*\* Skit \*\*\* More

*Bring Potluck Snacks to Share from 11:00am - 12:00*

*Activities from 12:00 - 3:00pm*



**Purchase CALiterature and tour the Bookstore!**



## Treasurer's Report

Thanks to David P, Treasurer

A.I.S. Calgary Financial report/cash flow April 8 2024 - September 8 2024				
		Debits	Credits	
	Opening Balance at April 8 2024			3380.13
04/08/2024	Reimburse Amy. R - Public outreach	31.88		3348.25
04/08/2024	E transfer fee	1.50		3346.75
04/08/2024	Reimburse Anne C. - Public outreach	159.86		3186.89
04/08/2024	E transfer fee	1.50		3185.39
04/08/2024	Reimburse Raman G. - Public outreach	60.00		3125.39
04/08/2024	E transfer fee	1.50		3123.89
04/09/2024	Donation from Pal Anon AFG		50.00	3173.89
04/10/2024	Reimburse Kate for Microsoft software	166.95		3006.94
04/30/2024	Monthly plan fee	4.95		3001.99
05/13/2024	Donation from Serenity Seekers AFG		50.00	3051.99
05/31/2024	Monthly plan fee	4.95		3047.04
06/03/2024	Donation from Inner Peace AFG		200.00	3247.04
06/03/2024	Cheque image fee	1.50		3245.54
06/11/2024	Telus Mobility set up fee	338.33		2907.21
06/17/2024	Donation from Early Risers AFG		300.00	3207.21
06/17/2024	Telus Mobility Fee	11.15		3196.06
06/28/2024	Monthly plan fee	4.95		3191.11
07/08/2024	Deposit - multiple donations from 10 groups and small Telus refund		1646.89	4838.00
07/15/2024	Telus Mobility monthly fee	32.50		4805.50
07/16/2024	Donation form Pal Anon AFG		50.00	4855.50
07/31/2024	Monthly plan fee	4.95		4850.55
08/15/2024	Telus Mobility monthly fee	32.50		4818.05
08/20/2024	Donation from Serenity Plus AFG		100.00	4918.05
08/30/2024	Reimburse Raman G. For Recovery Day registration	250.00		4668.05
08/30/2024	E Transfer fee	1.50		4666.55
08/30/2024	Monthly plan fee	4.95		4661.60
09/04/2024	Donation from Inner Peace AFG		250.00	4911.60
9/9/2024	Deposit - multiple donations from 6 groups		715.00	\$5626.60
	Outstanding items:			
	Reimburse David P. For Po Box rental renewal 2024 \$219.45			



**Pioneers Dinner 2024**

Speakers:  
Darryl D. - AA  
Judy D. - AA  
Lise W. - AA  
Sharon W. - AA  
Matthew M. - AA  
Carol G. - Al-Anon

October 5th      1:00-7:00 PM      5511 Baroc RD NW      Tickets \$40 each

IN THE SPIRIT OF TRADITION 6 AA IS NOT ALLIED WITH ANY SECT, DENOMINATION, POLITICS, ORGANIZATION OR INSTITUTION.

We invite you to join us at the 19<sup>th</sup> annual Pioneers Dinner where we celebrate the long history of AA and Al-Anon programs. We're excited to share that **Carol G** will be our Al-Anon speaker this year!

There will be speakers from both programs, a panel discussion and a catered dinner. We encourage everyone to attend to celebrate our history - the first AA meeting in Calgary was 79 years ago this month!

Location: Dalhousie Community Church, 5511 Baroc Road NW

See the poster above, for further details. You can buy tickets through Eventbrite:  
<https://www.eventbrite.ca/e/pioneers-dinner-2024-tickets-997323500437>

or through the QR code on the poster  
or in person at the AA Central Office.

Come and support the event and our speakers!



## Sunrise Healing Lodge

6:00 to 8:00 pm

1231 34 Avenue NE Calgary, AB T2E 6N4

Phone 403-261-7921

Date	Group
Thursday, October 03	Finding our Way
Thursday, October 31	Let it Begin with Me
Thursday, November 28	Northern Hills TrailBlazers
Thursday, December 26	Finding our Way



## District 6 Al-Anon/Alateen Fall Workshop

Saturday October 19, 2024

New Location: King of Glory Lutheran Church/Cornerstone Christian Assembly

2640 Rundlelawn Road, NE, Calgary, AB

**Topic: The Serenity Prayer**

**12:00pm registration and fellowship**

**12:30 to 4:30pm Workshop** - no cost but 7<sup>th</sup> tradition greatly appreciated

Alateen Small Group Meeting during breakout groups

**Guest Speakers:**

**Jason D. - Al-Anon**

**Marilyn M. - Al-Anon**

**Derek T - AA**

Please bring a snack for sharing if you like!  
Program Literature will be available for purchase





# AI-Anon Alberta/N.W.T. Convention 2025

*Together we can...*

*Save the date!*

**Friday June 6 to Sunday June 8**

**Details to follow in the coming months...stay tuned!**

**Together, we'll share fun, fellowship, and recovery!**

**Speakers        Workshop        Sharing Meals**  
**Fundraisers        AA Participation**

**To volunteer and/or for information, email:  
[2025calgaryconvention@gmail.com](mailto:2025calgaryconvention@gmail.com)**

Balzac Community Hall

10075 TWP Rd 262, Balzac, AB T4B 2T3