



Calgary AIS Events

March 2025

Dates to Remember:

Every Thursday 10:00 am	Study of Al-Anon's Workbook— Living the Legacies AFG Edgemont Community Centre 33 Edgevalley Circle NW (see January AIS Newsletter)
March 29 10:00 am	McKenzie Circle speaker meeting McKenzie Towne Church 7 McKenzie Towne Gate, SE
May 24	Al-Anon Alberta//N.W.T Assembly in Red Deer
June 6—8	Al-Anon Alberta/N.W.T. Convention 2025— Registration is now open! (p. 5) <i>Together We Can...</i>
June 13—15	AA Gratitude Roundup

All Family Groups in Districts 3, 4, 5 and 6 benefit from participating in Calgary AIS. Does your group have a representative for AIS?

This group service role is called the Information Service Representative (ISR) and is described on p. 66 of the [Al-Anon/Alateen Service Manual, 2022- 2025](#)

<https://al-anon.org/for-members/members-resources/manuals-and-guidelines/service-manual/>

Calgary AIS meetings are held every other month at 7:00 pm and are virtual or hybrid.

For further information about AIS meetings, see the Calgary AIS Meeting Minutes:

<https://al-anon.ab.ca/info-for-members/calgary-al-anon-information-services-ais/>

Future AIS Meetings for 2025: Apr 7, Jun 2., Sept 8, Nov 3.

Email calgarychairperson@al-anon.ab.ca to learn more or volunteer.

In Person:

Church of Our Saviour
8831 Fairmont Drive, SE

On Zoom:

ID: 471 384 6072
Passcode: 987654

Email aiscalgarynewsletter@gmail.com to subscribe to the Calgary AIS Newsletter, or submit information or a story sharing the experience, hope and strength of the Al-Anon program.

Deadlines for submissions are April 9, May 7, June 4.



ALATEEN

HOPE FOR CHILDREN OF ALCOHOLICS



More about
Alateen:
al-anon.org/teen-info

For more information, email calgaryalateen@al-anon.ab.ca

McKenzie Towne Church, 7 McKenzie Towne Gate SE
Tuesdays, 7:30 pm

Unitarian Church, 1703 1st St NW
Sundays, 7 pm



Sending Donations to Area

Donations to Area can be sent by cheque or E-transfer.

For cheques, please send to:

81 Legacy Blvd SE
Unit 3306
Calgary, Alberta
T2X2B9

Please write the name of the group the district and what the cheque is for on the cheque.
For example, donation registration insurance, etc.

For E-transfers:

Please send the transfer to treasurer@al-anon.ab.ca . The answer to the password question needs to be serenity.

In the message part of the E-transfer, please record your Group name, District and what the transfer is for.

When anyone, anywhere
reaches out for help, let the
hand of Al-Anon and
Alateen always be there
and *Let it Begin With Me.*





Going to Assembly in Red Deer on May 24th in 2025?



Pre-order Al-Anon literature for free pickup.

Deadline for pre-orders is **Thurs. May 8th** to ensure that your literature is available for pick-up at Assembly. Pre-orders will only be processed once they have been paid for, NO COD at Assembly.

Sounds great, how do I pre-order?

Methods of Pre Order:

Please include your name, phone number, email address, group name, who will pick up the order, and indicate that it is for pick-up at Assembly.

Webstore: www.al-anonbookstore.ca

Email: order@al-anonbookstore.ca

Phone: 403-287-3397
Wednesdays and Thursdays
9:30 am – 4:00 pm

Methods of Payment:

Etransfer: order@al-anonbookstore.ca (no security question required)

This is the **Preferred Method** of payment so the bookstore receives the full amount of the payment without any service charges. Orders placed via the webstore can be tagged "Pay at Store" and the amount etransferred afterward.

Cheques: Can be made payable to ACSOA and mailed to: Ann McCaig Building, 303 Forge Rd SE, Calgary, AB. T2H 0S9. Cheque must be received before order will be processed.

Credit Card: Can be given over the phone, or enter information during webstore shopping.

If not pre-ordered, there will be a **very limited** supply of literature available for purchase. Only books and workbooks will be available (no pamphlets, bookmarks, or small items at this time).



For a limited time, the Al-Anon Book Store is offering a special bundle of our 3 most popular workbooks for just \$45 – that's a **\$17 saving** when you purchase all three. This deal will only be available until the Assembly in May 2025, or while quantities last.



Al-Anon Alberta/N.W.T. Convention 2025

Together we can...

Friday June 6 to Sunday June 8

Registration is Now Open!

To register, see <https://al-anon.ab.ca/events>

Together, we'll share fun, fellowship, and recovery!

**Speakers  Workshop  Sharing Meals
Fundraisers  AA Participation**

**To volunteer and/or for information, email:
2025calgaryconvention@gmail.com**

**Balzac Community Hall
10075 TWP Rd 262, Balzac, AB T4B 2T3**

Courage to Change Beginners' Meeting
Peter Lougheed Centre, 3500-26th Avenue NE
Monday meetings at 7:00 pm

Location: Reserved Dining Room Level 0 (one floor down from the main doors).

Level 0 is the basement. Either take the stairs or the elevator from the main doors, down one floor.

The Reserved Dining Room is behind the cafeteria. Go towards the windows on level 0 and the door will be on your left, behind the cafeteria. There is one room as you go in and our meeting is through the next set of doors that are in this room.

Call Security upon arrival at 403-943-4502. They will open both the door to the Reserved Dining Room on Level 0. Call Security after the meeting when you leave the Reserved Dining Room to relock the doors.

Contact at the PLC:

Kristine Goertzen is our contact for the room and displaying information at the PLC. The phone number is: (403) 943-4530.

Contacts for Groups chairing:

Finding Our Way - Corinne H 403-819-2523, email: cahittle@telus.net

Let it Begin With Me – Mary Jean 403-819-0417 group email:

beginwithmecalgary@al-anon.ab.ca

Northern Hills Trailblazers – Norma 403-891-7001, email: Normaf@shaw.ca

Serenity Seekers – Paulette 403-604-9781, email: pmcmillan@shaw.ca

Airdrie Open Door- Mali email: chabrita25@hotmail.com

Dina from One Day at a Time can be a sub if needed. Text 403-926-5683.

Please notify Mary Jean at 403-819-0417 or mjljmd@telus.net and give her numbers of attendees for statistics

Thank you all for your service

“In Al-Anon, I’m learning I don’t have to be perfect to be of service.”

A Little Time for Myself — A Collection of Al-Anon Personal Experiences, p.111



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This is the room behind the cafeteria. Go towards the windows on level 0 and the door will be on your left, behind the cafeteria. There is one room as you go in and our meeting is through the next set of doors that are in this room.

Date	Group
Monday, March 17	Northern Hills Trailblazers
Monday, March 24	Let it Begin With Me
Monday, March 31	Airdrie Open Door
Monday, April 7	Serenity Seekers
Monday, April 14	Northern Hills Trailblazers
Monday, April 21	Let it Begin With Me
Monday, April 28	Airdrie Open Door
Monday, May 5	Finding our Way
Monday, May 12	Northern Hills Trailblazers
Monday, May 19	Let it Begin With Me
Monday, May 26	Airdrie Open Door
Monday, June 2	Serenity Seekers
Monday, June 9	Northern Hills Trailblazers

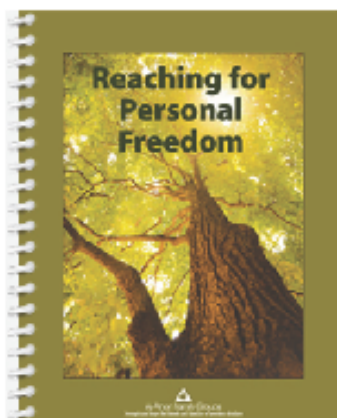
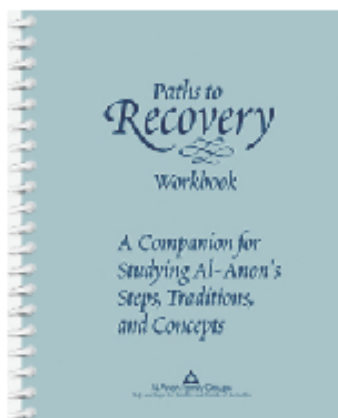




Al-Anon Book Store (ACSOA)

McCaig Building
303 Forge Road SE
Calgary, AB T2H 0S9
1-403-287-3397

Sale price: Workbook Bundle (3)



Are you ...

- A person who wants to dig deeper into Al-Anon recovery?
- An Al-Anon group that offers books for sale at your meetings?
- A Sponsor looking for new ways to help Sponsees?
- A member who loves to attend book studies?
- A District looking for great workshop material?
- Someone who enjoys finding a good sale?

Look no further! For a limited time, the Al-Anon Book Store is offering this special bundle of our 3 most popular workbooks for just \$45 - that's a **\$17 saving** when you purchase all three. This deal will only be available until the Assembly in May 2025, or while quantities last.

Pre-order by May 8th for pickup at the upcoming Assembly, or purchase directly at the store to save on shipping. Also available through our online store, or by phone to 1-403-287-3397 during store hours Wed-Thurs 9:30 - 4:00pm.