



# Calgary AIS Events

June 2025

## Dates to Remember:

Thursday 10:00 am	Study of Al-Anon's Workbook— Living the Legacies AFG Edgemont Community Centre 33 Edgevalley Circle NW (see January AIS Newsletter)
Tuesday 7:30 pm	Alateen Meetings—see poster on p. 3.
Sunday 7:00 pm	
June 13—15	AA Gratitude Roundup
Sept	Assembly
October 25	Book Store Open House and Workshop

Hello,

I am reminded at this time of year how fortunate I have been to have found Al-Anon.

Our AIS meetings are well attended which makes it possible to keep the lines of information flowing throughout our fellowship. Public Outreach, Phone Monitoring, Alateen and participation in AA Round Ups are our focus.

I attended the Al-Anon Assembly in Red Deer in May and observed again the behind the scenes, day to day service that continues to make it possible for meetings to be available for people who find themselves in the family disease of alcoholism. It is amazing!

I wish you a summer filled with Recovery and Serenity.

Grateful in service,

Shellie O.

Calgary AIS Chairperson



Email [aiscalgarynewsletter@gmail.com](mailto:aiscalgarynewsletter@gmail.com) to subscribe to the Calgary AIS Newsletter, or submit information or a story sharing the experience, hope and strength of the Al-Anon program.

Deadlines for submissions for upcoming newsletters are **Sept 10, Oct 8, Nov 5, and Dec 3.**



## Calgary Al-Anon Information Services (AIS) Trusted Servants

Name	AIS Calgary Position	Email address
Shellie O.	Chairperson	aiscalgaryinformation@gmail.com
Christina N.	Alternate Chairperson	calgaryaltchair@al-anon.ab.ca
Gina G.	Secretary/Group Records/Archives	calgarysecretary@al-anon.ab.ca
David P.	Treasurer	calgarytreasurer@al-anon.ab.ca
Kate L.	Newsletter Editor	aiscalgarynewsletter@gmail.com
Jasmine	Alateen Coordinator	aapp@al-anon.ab.ca
Randy H.	Monitoring Coordinator	aiscalgarymonitoring@gmail.com
Anne C. & Dave C.	AA Gratitude Roundup Liaison	
Jamie C.	AA Banff Roundup Coordinator	
Raman G.	Public Outreach Coordinator	calgarypublicoutreach@al-anon.ab.ca
Natalie L.	Website Coordinator	calgary_website@al-anon.ab.ca

All Family Groups in Districts 3, 4, 5 and 6 benefit from participating in Calgary AIS. Does your group have a representative for AIS?

This group service role is called the Information Service Representative (ISR) and is described on p.

66 of the [\*\*Al-Anon/Alateen Service Manual, 2022- 2025\*\*](#)

<https://al-anon.org/for-members/members-resources/manuals-and-guidelines/service-manual/>

For further information about AIS meetings, see the Calgary AIS Meeting Minutes:

<https://al-anon.ab.ca/info-for-members/calgary-al-anon-information-services-ais/>

Calgary AIS meetings are held every other month at 7:00 pm and are virtual or hybrid.

**AIS Meetings for 2025: Sept 8, Nov 3.**

Email [calgarychairperson@al-anon.ab.ca](mailto:calgarychairperson@al-anon.ab.ca) to learn more or volunteer.

**In Person:**

Church of Our Saviour  
8831 Fairmont Drive, SE

**On Zoom:**

ID: 471 384 6072  
Passcode: 987654

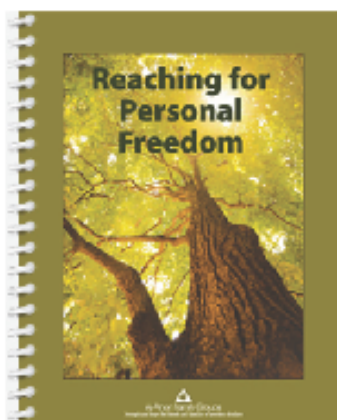
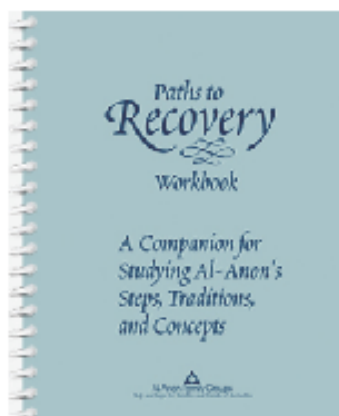




## Al-Anon Book Store (ACSOA)

McCaig Building  
303 Forge Road SE  
Calgary, AB T2H 0S9  
1-403-287-3397

### ***Sale price: Workbook Bundle (3)***



Are you ...

- A person who wants to dig deeper into Al-Anon recovery?
- An Al-Anon group that offers books for sale at your meetings?
- A Sponsor looking for new ways to help Sponsees?
- A member who loves to attend book studies?
- A District looking for great workshop material?
- Someone who enjoys finding a good sale?

Look no further! For a limited time, the Al-Anon Book Store is offering this special bundle of our 3 most popular workbooks for just \$45 - that's a **\$17 saving** when you purchase all three. This deal will only be available until the Assembly in May 2025, or while quantities last.

*Pre-order by May 8th for pickup at the upcoming Assembly, or purchase directly at the store to save on shipping. Also available through our online store, or by phone to 1-403-287-3397 during store hours Wed-Thurs 9:30 - 4:00pm.*





Calgary AIS June 2025

# June 13th, 14th, 15th 2025 CALGARY GRATITUDE ROUNDUP

Hosted at The Glenmore Inn & Convention Centre  
Registration Open: June 13 at 5 PM - Event Closes: June 15 at 12 PM

Ticket Registration \$50

Banquet Ticket \$110

## Speakers

Heather N, Alexandria, VA

Russell S, Miami, FLA

Ritchard I, Saskatoon, SK

Mike C, Calgary

Adam R, Calgary

Kenna F, Pasadena, CA



For more information about the event  
and how to get tickets, visit us online  
[gratituderoundup.com](http://gratituderoundup.com) or Calgary Central Office



Come listen to some amazing AA and Al-Anon speakers share their personal stories of recovery.





## **Courage to Change Beginner's Meeting Monday 7:00 pm** **Peter Lougheed Centre, 3500-26th Ave NE**

Location: Reserved Dining Room Level 0 (one floor down from the main level) behind the cafeteria). From the cafeteria on level 0, walk towards the windows and the door will be on your left. Go through the door, through the first room and through the next set of doors to our meeting room. For more detailed information about the location of the meeting room, see the *Calgary AIS April 2025 Newsletter*.

<b>DATE</b>	<b>GROUP NAME</b>
June 9	Northern Hills Trailblazers
June 16	Let it Begin With Me
June 23	Airdrie Open Door
June 30	Northern Hills Trailblazers
July 7	Let it Begin With Me
July 14	Airdrie Open Door
July 21	Serenity Seekers
July 28	Northern Hills Trailblazers
August 4	Let it Begin With Me
August 11	Airdrie Open Door
August 18	Northern Hills Trailblazers
August 25	Let it Begin With Me
September 1	Airdrie Open Door
September 8	Serenity Seekers
September 15	Northern Hills Trailblazers
September 22	Let it Begin With Me
September 29	Airdrie Open Door
October 6	Northern Hills Trailblazers
October 13	Let it Begin With Me
October 20	Airdrie Open Door
October 27	Serenity Seekers
November 3	Northern Hills Trailblazers
November 10	Let it Begin With Me
November 17	Airdrie Open Door
November 24	Northern Hills Trailblazers
December 1	Let it Begin With Me
December 8	Airdrie Open Door
December 15	Serenity Seekers
December 22	Northern Hills Trailblazers
December 29	Let it Begin With Me



## Public Outreach Service Opportunity

Area Public Outreach has been actively seeking opportunities to get word out to people affected by the family disease of alcoholism. As you may know, our Area has an online information session for people wanting more information on our program on Saturdays from 11:00 am to 12:00 pm. This outreach activity has been supported by a very limited number of people since it launched.

We need your help! We are looking for volunteers from all over Alberta/NWT Area to commit to an hour on Saturdays to listen, provide information about our program and direct the newcomer to a meeting. We are looking for members who are experienced with the Al-Anon program and willing to share your Experience, Strength and Hope.

Individuals as well as Groups may volunteer, one week at a time, once a month or once a year—whatever you're able.

We're looking for volunteers for Saturday, June 28 and the following Saturdays.

If you can volunteer or have questions, please feel free to contact Ric Z. at [public\\_outreach@al-anon.ab.ca](mailto:public_outreach@al-anon.ab.ca)

For more information about the online sessions, see Q & A pages in the *Calgary AIS April 2025 Newsletter*.

Yours in Service,  
Ric Z.  
Public Outreach Coordinator  
Area 80 Alberta/NWT AFG



When anyone, anywhere reaches out for help, let the hand of Al-Anon and Alateen always be there and *Let it Begin With Me*.





# SAVE THE DATE

ACSOA, YOUR AL-ANON  
BOOKSTORE, IN  
COOPERATION WITH THE  
CALGARY DISTRICTS,  
ARE PLANNING AN  
AFTERNOON

## OPEN HOUSE AND WORKSHOP

SATURDAY, OCTOBER 25<sup>TH</sup>  
303 FORGE ROAD SE CALGARY  
TOPIC: SLOGANS

FURTHER DETAILS IN THE NEXT NEWSLETTERS  
AND EVENTS PAGE ON THE  
AREA WEBSITE: [WWW.AL-ANON.AB.CA](http://WWW.AL-ANON.AB.CA)



# ALATEEN

## HOPE FOR CHILDREN OF ALCOHOLICS



More about  
Alateen:  
[al-anon.org/teen-info](http://al-anon.org/teen-info)

For more information, email [calgaryalateen@al-anon.ab.ca](mailto:calgaryalateen@al-anon.ab.ca)

**McKenzie Towne Church, 7 McKenzie Towne Gate SE**  
**Tuesdays, 7:30 pm**

**Unitarian Church, 1703 1st St NW**  
**Sundays, 7 pm**





## Where to Send Contributions

**Your Group can make contributions to our Service Arms in this suggested order:**

**Group** (your Group's 7th Tradition).

**District** (check with your District Representative).

**AIS** (Al-Anon Information Services) if your District is in Calgary or Edmonton:

AIS Calgary

Cheques payable to:

Al-Anon Information Services

Mail to:

PO Box 512, Station M

Calgary, AB T2P 2J2

OR

E-transfer to:

OR

AIS Edmonton

Cheques payable to:

Al-Anon Information Services

Mail to:

PO Box 1375

Edmonton, AB T5J 2N2

OR

E-transfer to:

**ACSOA** (Al-Anon Central Service Office Alberta) Bookstore

Cheques payable to:

ACSOA

Mail cheque to:

Distribution Center (LDC)

McCaig Building

303 Forge Road SE

Calgary, AB T2H 0S9

OR

E-transfer to:

**[order@al-anonbookstore.ca](mailto:order@al-anonbookstore.ca) <mailto:order@al-anonbookstore.ca>**

(automatic deposit - no security question required)

Include Group name and District in the e-transfer message box.

**AB/NWT Area Assembly**

Cheques payable to:

AB/NWT Area Assembly

Mailing address (*please do not reference Al-Anon on the envelope*):

Sharon Prevost

3306, 81 Legacy Blvd SE

Calgary, Alberta 2X 2B9

OR

e-transfer to:

**[treasurer@al-anon.ab.ca](mailto:treasurer@al-anon.ab.ca)** (include Group name and District in the e-transfer message box)

Security question can be anything, but password must be Serenity.

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**AFG Headquarters, Inc.**

Cheques payable to:

WSO - AFG Headquarters (Canada) Inc.

Mail to:

Canadian Office Al-Anon Family Groups

222 Queen Street, Suite 1000

Ottawa, Ontario K1P 5V9

OR

Cheques payable to:

WSO - AFG Headquarters Inc.

Mail to (requires postage to U.S.):

AFG Headquarters, Inc.

1600 Corporate Landing Parkway

Virginia Beach, VA 23454-5617

OR

Contribute online at [www.al-anon.org](http://www.al-anon.org)

OR

Apply for personal automatic contributions from your bank account  
(see WSO website: [www.al-anon.org](http://www.al-anon.org)).



## **AIS Treasurer's Report**

A big (almost summertime!) thank you to all the wonderful Al-Anon groups who continue to generously and kindly support AIS. At our meeting on June 2 we unanimously voted to continue our support for the bookstore and also Area 78 by donating \$1,000 to each. In addition we are holding \$750 in reserve for AIAteen if and when needed.

This will help us reduce our bank balance from the current \$4700 downwards to a prudent reserve of \$1500. We also have a few expenses for Area Assembly, a budgeted reserve for Public Outreach and some administrative expenses which will take us closer to the targeted balance of \$1500.

But do keep the donations coming, as they enable the entire Al-Anon fellowship at the local, area, national and world service levels "continue to be the dynamic and forward looking organization it is".

For me personally, Al-Anon has been a life saver and a life changer - let us all keep up the good service work - with an attitude of gratitude and not obligation.

Wishing you all a serene, sane, summer!

David P.

Treasurer