

## Dates to Remember:

October 18	Pioneer's Round Up—see poster on p. 3
October 25	Book Store Open House and Workshop—see poster on p. 4
Thursday 10:00 am	Study of AI-Anon's Workbook— Living the Legacies AFG Edgemont Community Centre 33 Edgevalley Circle NW (see January AIS Newsletter)
Tuesday 7:30 pm	Alateen Meetings—see poster on p. 5
Sunday 7:00 pm	

## Courage to Change Beginner's Meeting Monday 7:00 pm Peter Lougheed Centre, 3500-26th Ave NE

Location: Reserved Dining Room Level 0 (one floor down from the main level) behind the cafeteria). From the cafeteria on level 0, walk towards the windows and the door will be on your left. Go through the door, through the first room and through the next set of doors to our meeting room. For more detailed information about the location of the meeting room, see the *Calgary AIS April 2025 Newsletter*.

Date	Group Name
Sept 22	Let it Begin with Me
Sept 29	Corinne – Finding Our Way
Oct 6	Northern Hills Trailblazers
Oct 13	Let it Begin with Me
Oct 20	Dina & Lynne – One Day at a Time
Oct 27	Serenity Seekers
Nov 3	Northern Hills Trailblazers
Nov 10	Let it Begin with Me
Nov 17	Cheryle – Let it Begin with Me
Nov 24	Northern Hills Trailblazers
Dec 1	Let it Begin with Me
Dec 8	Corinne – Finding Our Way
Dec 15	Serenity Seekers
Dec 22	Northern Hills Trailblazers
Dec 29	Let it Begin with Me



Email [aiscalgarynewsletter@gmail.com](mailto:aiscalgarynewsletter@gmail.com) to subscribe to the Calgary AIS Newsletter, or submit information or a story sharing the experience, hope and strength of the AI-Anon program. Deadlines for submissions for upcoming newsletters are **Nov 5**, and **Dec 3**.



## Calgary Al-Anon Information Services (AIS) Trusted Servants

Name	AIS Calgary Position	Email address
Shellie O.	Chairperson	aiscalgaryinformation@gmail.com
Christina N.	Alternate Chairperson	calgaryaltchair@al-anon.ab.ca
Gina G.	Secretary/Group Records/Archives	calgarysecretary@al-anon.ab.ca
David P.	Treasurer	calgarytreasurer@al-anon.ab.ca
Kate L.	Newsletter Editor	aiscalgarynewsletter@gmail.com
Jasmine	Alateen Coordinator	aapp@al-anon.ab.ca
Randy H.	Monitoring Coordinator	aiscalgarymonitoring@gmail.com
Anne C. & Dave C.	AA Gratitude Roundup Liaison	
Jamie C.	AA Banff Roundup Coordinator	
Raman G.	Public Outreach Coordinator	calgarypublicoutreach@al-anon.ab.ca
Natalie L.	Website Coordinator	calgary_website@al-anon.ab.ca

All Family Groups in Districts 3, 4, 5 and 6 benefit from participating in Calgary AIS. Does your group have a representative for AIS?

This group service role is called the Information Service Representative (ISR) and is described on p.

66 of the [Al-Anon/Alateen Service Manual, 2022- 2025](#)

<https://al-anon.org/for-members/members-resources/manuals-and-guidelines/service-manual/>

For further information about AIS meetings, see the Calgary AIS Meeting Minutes:

<https://al-anon.ab.ca/info-for-members/calgary-al-anon-information-services-ais/>

Calgary AIS meetings are held every other month at 7:00 pm and are virtual or hybrid.

**Next AIS Meeting is zoom on Nov 3.**

Email [calgarychairperson@al-anon.ab.ca](mailto:calgarychairperson@al-anon.ab.ca) to learn more or volunteer.

**In Person:**

Church of Our Saviour  
8831 Fairmont Drive, SE

**On Zoom:**

ID: 471 384 6072  
Passcode: 987654





# HOTEL YORK CALGARY'S NEWEST HOTEL Pioneers Round Up 2025

Saturday October  
18<sup>th</sup> 2025  
2:00-8:00 P.M.  
5511 Baroc RD. N.W.  
Tickets \$40 each  
scan below:



Val D - AA  
Andy C - AA  
Darrell D - AA  
Carla T - AA  
Dave C - Al-Anon

IN THE SPIRIT OF TRADITION 6 AA IS NOT ALLIED WITH ANY SECT, DENOMINATION, POLITICS, ORGANIZATION OR INSTITUTION.

80 years of AA in Calgary





Al-Anon Central Service Office Alberta (Bookstore)

## Favorite Al-Anon Slogans!

### Open House and Workshop

When: 12:30 - 4:30 pm

Sat., Oct 25th, 2025

Where: Al-Anon Bookstore

McCaig Building, 303 Forge Road SE

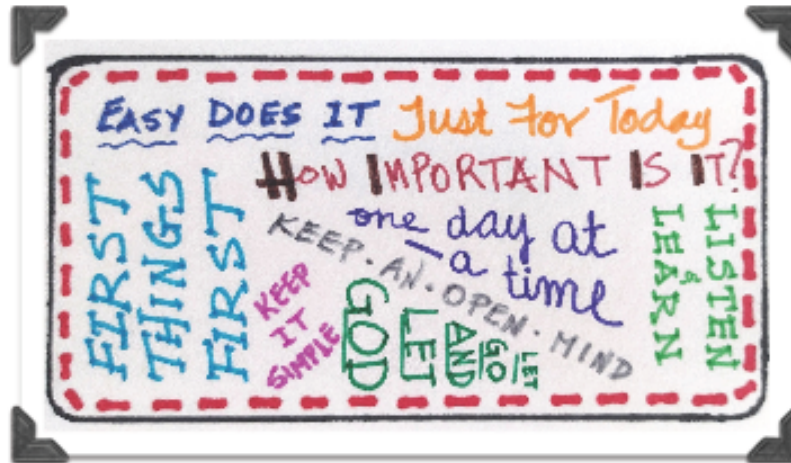
Calgary, AB. (403) 287-3397

Who: All Al-Anon Members Welcome

Program facilitated by Calgary Districts 3, 4, 5, and 6

Shopping \*\*\* Fun And Fellowship \*\*\* Prizes \*\*\* More

*Please Bring Snacks to Share*



**Purchase CALiterature and tour the Bookstore!**



# ALATEEN

## HOPE FOR CHILDREN OF ALCOHOLICS



More about  
Alateen:  
[al-anon.org/teen-info](http://al-anon.org/teen-info)

For more information, email [calgaryalateen@al-anon.ab.ca](mailto:calgaryalateen@al-anon.ab.ca)

**McKenzie Towne Church, 7 McKenzie Towne Gate SE  
Tuesdays, 7:30 pm**

**Unitarian Church, 1703 1st St NW  
Sundays, 7 pm**